

## B600 Pass-Pass-Regroup-Shoot - RB Pro

### Key Points:

Face the puck always and give a target. Pass and shoot while skating. Do everything at top speed.

### Description:

- A.. Blue and red 1's skate and get a pass from 2's in diagonal corners.
- B. Pass to 3's at the far blue line.
- C. 1's pivot facing the puck and get a return pass from 3's.
- D. 1's skate in shoot-rebound
- E. 3's repeat in the other direction.

### *Options.*

- screen for the next shooter.
- give and go with the next shooter.
- play a defensive 1-1 vs the next shooter.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20090823205116629>

<https://youtu.be/mey7KZWYjQo>

