

T2-4 - D1 Controlled Scrimmage - Pro

Key Points:

Team play, face-offs, freeze play,

Description:

Play a full ice game under the coaches control. If the coach blows the whistle stop. Review team play like the forecheck, backcheck, face offs, penalty kill, power play, even strength, etc..

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20090824224310861>

<https://youtu.be/qYwpOlazbsA>

