

D200 - Tournament with Multiple Cross Ice Games

Here is an idea of how to use the ice to play tournaments on one sheet.

Incorporate one tournament per week. Two or three teams could share the ice and set up everything before so they don't waste time. I have included a diagram. Use hollow 4x4 boards, hose or rink dividers. Add rule modifications and keep score.

Use foam pads, wooden or thick hoses to divide the rink into three sections and 3 benches. Play 5-5 with 5-7 year olds and 4-4 with 9-10 year olds. A 60 minute ice time could be a 6 team round robin tournament of 10' games. 5 min. warm up and 1 min. between games to switch rinks. Continuous. After a goal take the puck out right away and go. Opposition can't pressure until one player crosses the mid line.

The video has 6 cross ice games going on at once. Both teams shoot on the same net and bounce the puck off the boards to transition to offense.

D200 x 6 Games of Kings Court – Youth

<https://youtu.be/73KMUVvQ7cl>

