

I was invited to be do a hockey camp for the HC Dukla organization in Jihlavy, Czech Republic. It was a great experience and a challenge to my teaching skills as only one coach, ex NHL Maple Leaf Petr Svoboda spoke english. I would meet with Petr before practice and go over everything I planned. We would then meet with the other coaches to do the same and then go on the ice. There were about 30 players from 7 to 14. We put them into a younger and older group and then divided these groups into two more groups. There were a lot of goalies so we used 4 nets and divided the ice into quarters and also cross ice into 4 groups with one coach each for the skills practice. It was a great experience and they offered me a job to be coach mentor and help Petr with the U20 team. The funding didn't work out but that is life.

B5 - Shooting on 4 Nets - Czech Youth

Key Points: Follow your shot, rebound, practice one timers, Set up two nets on each goal line.

Description:

Players shoot on 4 nets, two on each goal line. Shoot 1-0, 2-0 or do passing low for one timers etc. You can also do up to a 2-2. Always follow the shot for a rebound and then circle back for the next players rebound.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20100818155314680>

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<https://youtu.be/vmrXpAcLOac>

