

## T4 Penalty Kill Two Short vs. Diamond or Umbrella - Pro

### Key Points:

- Kill in a triangle facing the puck with 4 goalies. All three skaters must block shots.
- Skate in straight lines up and back. -Only pressure if you can get there the same time as the puck or the back is turned.
- Don't get tied up or finish checks.
- Stick on the ice and on the puck.
- Shin pads blocking shots.
- Sticks take away passes thru the slot.
- Form a tight triangle when the puck is low.

### Description:

1. One high and two low defenders.

a. High player go to the top of the circles to block shots from the middle point and drop down to mid slot when the puck is passed to the side. Stick deny forehand pass.

b. Low players block shots that are passed to their side while the other has net coverage.

<https://youtu.be/JXubaJ2XI0E>

