

E1 - Rebound - Pro - College

Key Points:

Make quick shots and one timers and goalie read the play.

Description:

1. Players line up on both side in the slot with one shooter at the top.
2. Play games to 5 between the goalie and shooter.
3. If the goalie freezes the puck or it hits the boards behind or at the side the goalie gets a point.
4. Players get a point by scoring a goal on a shot or rebound. Only one pass is allowed.
5. Shooter stays if he scores and players rotate if there is no goal.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?s=20080723202833407>

E1 Game of Rebound - RB Pro

<https://youtu.be/gEqhL1HjxmA>

<https://www.facebook.com/518555930/videos/pcb.754644428778690/10159612055410931> SAIT W

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