

## B6 - Fake-Get Puck-Tight Turn-Shoot - U17

### Key Points:

Sit low in the tight turn and accelerate with the puck. Come out of the tight turn in the triple threat position. Learn to do the forehand turn without crossing the hands.

### Description:

1. Defensemen are lined up at the low face-off dots.
2. Coach spots a puck just inside the blue line.
3. D1 skate out and make a hard outside fake.
4. D1 pick up the puck tight turn and skate down the middle and shoot.
5. D2 leave and repeat from the other side.
6. D1 switch lines so he practices the fake and tight turn from both directions.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20151031103858299>

<https://youtu.be/wLmEJiEo97c>

