

T2 B6 - 5-0 BO-Attack-Cycle-Point Shot - Czech U20

Key Points:

Attack with a middle drive. At net screener, tipper, one timer. Cycle and then F skate around the top of the circle and through the middle. Next group leave right away.

Description:

1. Five player units wait in front of the net at one end.
2. First unit break out from behind the net and attack 5-0.
3. Take a shot, rebound and then F1 pick up a puck in the corner and pass back to F2.
4. F2 skate up the boards and pass to D1 at the point.
5. D1 pass to D2 while F2 skates to the top of the slot and down the middle.
6. D2 shoot while F3 screens and F1 is ready for a shot pass.
7. Next group leaves and first group returns down the sides.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=2&s=20151027222951894>

<https://youtu.be/MPI8JTr9ES8>

