

C3 - Reijo Breakout and 1-1 x 2 - RB Pro

Key Points:

it the net from the point. Make good hard passes. Forward face the puck and give a target. D's get a tight gap on the attacking forward.

Description:

1. On whistle D at each end take a point shot.
2. D skate back and F dump the puck in the corner.
3. D retrieve puck and drive skate between the dots and make a breakout pass to the F.
4. F's attack the D's at the opposite end.
5. Continue alternating between board and middle breakout pass.
6. Possible to do 2 on 1.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20090823122857406>

<https://youtu.be/FhDTfLkMVVM>

