

## B600 - 3 Lane Passing and Shooting - RB Pro

### Key Points:

Make one touch passes. Make sure the top hand moves away from the body.

### Description:

1. Three players leave and fill each lane.
2. Give and go with playes at far blue line.
3. After the second pass shoot from one lane each.
4. Third player loop back to save ice.
5. Players who just passed now leave the other way.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20090901074926133>

[https://youtu.be/B7ko6eun\\_FM](https://youtu.be/B7ko6eun_FM)

