

B6 1-0 x 2 – Pro

Key Points:

Skate at full speed and shoot while skating. Follow the shot for a rebound.

Description:

1. Player A leave from diagonal corners.
2. Skate the length of the ice and shoot.
3. Follow the shot for a rebound.
4. Rebound for the next shooter.

**Options.*

A. Give and go with the next shooter.

B. Skate out and play 1-1 vs. the next shooter.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20141108130808412>

<https://youtu.be/BxCFrpZFT7A>

