

B500 - Rexi Passing Routine - Finland

Key Points:

Face the puck at all times. Passes should be hard but quiet. Reijo Routsalainen demonstrates.

Description:

1. Partners take turns being the spoke in the wheel. One player passes to the other two who return to that player.
2. Pass for about 10" and then rotate or make 8-10 passes then switch.

Rexi demonstrates the technique in the video section on passing.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20100406095642161>

<https://youtu.be/DdSWon1Rnbw>

