

B2 - D Walk Line-Switch D to D One Timer - Russian U20

Key Points:

Skate along the line and use head and stick fakes to freeze the blocker. Feed passes to the forehand shooter.

Description:

1. Coach pass to D1 who skates along the blue line in the triple threat position making shot and pass fakes.
2. D2 skate behind D1 and switch sides.
3. D1 pass to D2 who is square to the puck to either pass or shoot.
4. If D2 is on his forehand he shoots. (Switch sides)
5. If D2 is on his backhand pass back to D1 who takes a onetime shot on his forehand.
6. Repeat with D2 getting a pass from the coach.
7. Rotate in new shooters.

* Shooter have the stick back early and adjust so the shot is from the sweet spot.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20150914091849747>

<https://youtu.be/YR4GF9NK-Ks>

