

## B6 - One Touch High Cycle 2-0 - Czech U20

### Key Points:

Exchange the puck with one touch passes, give a target, hit the net, follow the shot for a rebound.

### Description:

- A. Players are in each corner and on both sides at the blue line
- B. Player 1 leave from the blue line and get a pass from 2.
- C. 1 pass to 3 in the corner then get open on the wing.
- D. 3 skate and pass to 1.
- E. 1 one touch back to 3.
- F. 3 pass across to 4 at the blue line.
- G. 1 cycle high and down the middle lane for a pass.
- H. 4 pass to 1 who shoots and 3 looks for a rebound.
- I. 4 leaves for a pass from 5 to repeat on the other side.
- J. 1 rotate to corner and 3 point.

*\* Options: 1 head to the net hard and redirect a shot pass from 4 or 1 take a low shot to the far pad for a pass off the pads to 3, who goes hard to the far post with his stick on the ice.*

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20150816215524597>

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<https://youtu.be/gknlZr-Sq9I>

