

C6 - 2-1 With BC - Low 2-2 - U17

Key Points:

Attack with speed to maintain the 2-1 and defenders must identify who they will cover.

Description:

1. Start at one end from the circle.
2. Attackers 1 and 2 leave from above the hash marks.
3. Defender 1 is inside the top of the circle with his stick upside down start forward and turn to back skating.
4. Defender 2 start from below the circle and back check.
5. Attacker 1 and 2 race down the ice to score.
6. Play out the 2-2 until the whistle and coach shoot in a new puck if needed.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20150820115101861>

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<https://youtu.be/U0BgS2b2SgE>

