

B6 - 3 Lane Shots - Long Pass Back – Pro

1. Players are in the 4 corners with pucks.
2. Three players leave from diagonal corners and cross the red line.
3. One player shoot from each lane.
4. Swing up the boards and get a cross-ice pass from the far corner.
5. Fill the 3 lanes and shoot at the other end.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20150730104848818>

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<https://youtu.be/s4DoCi76hng>

