

T1-2 - B5 - Rim-Low 2-0 BO-Tap Back to C – Pro

Key Points:

F1 protect the puck vs. a pinching D. F2 swing below the puck from the middle lane and time it so he is still there when F1 can pass.

Description:

1. Two lines of forwards at the blue line and a coach in each corner.
2. Coach rim the puck F1 get to the wall F2 swing below him in the middle.
3. F1 touch pass the puck back to F2.
4. F1-2 do a tight turn over the blue line and attack 2-0.
5. Repeat on the other side with F3-F4.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=2015072023073987>

<https://youtu.be/oF1CSTWG4P4>

