T2 - Touch Back to C on Pinch 3-1 – Pro

Key Points:

Box out the pinching D with your body and skate into the rim.

Description:

1. Players line up against the boards on one side in the neutral zone.
2. Three forwards and two defensemen leave the line-up.
3. D1 rim the puck and D2 pinch down on F1 the weak side wing.
4. F2 swing below F1 from the middle lane.
5. F1 touch the puck back to F2.
6. F1-F2-F3 attack 3-1 vs. D1.
7. F4-F5-F6 and D3-D4 repeat when the puck enters the far end.

**F1 has the option to carry the puck into the middle while F2 swings up the boards.*

**Continue alternating ends.*

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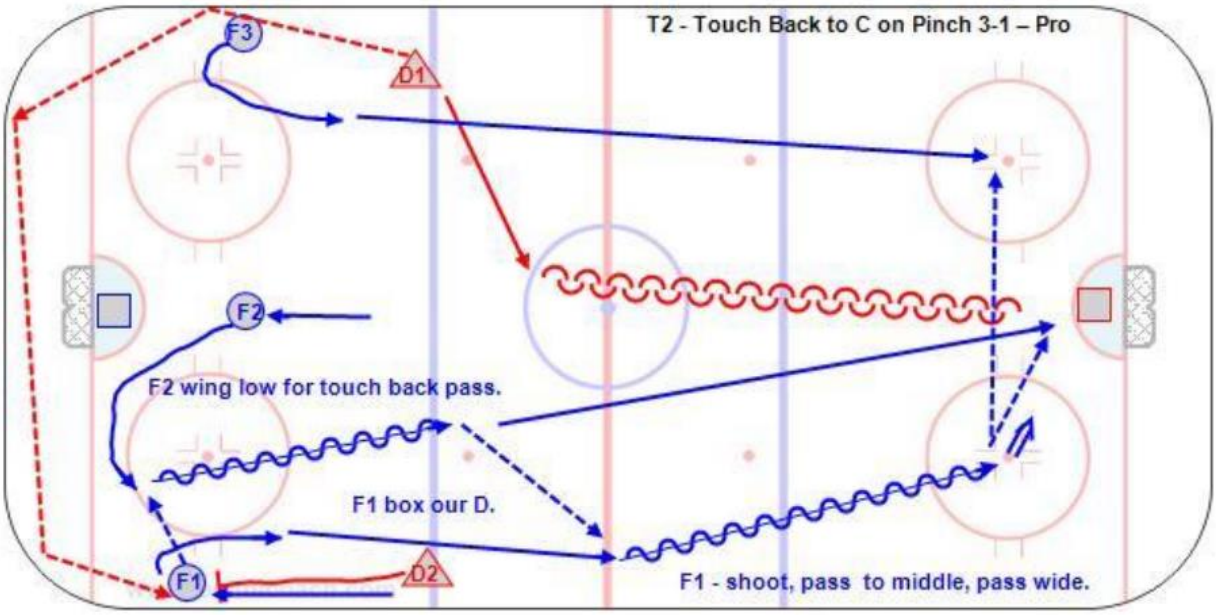
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