

## A - Six Station Skill Circuit in Czechia

***Players move around a skill circuit in ability groups from 5 to 7 in each group.***

Lots of tight turns, shots, a 1-1 station, obstacles to go around, under and over and many starting with a pass from the coach.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20150512105135752>

<https://youtu.be/hge-gCb9EjU>