

T2 - 3-0, 3-2, RG 3-2 - Middle Drive – Pro

Key Points:

Carry the puck to the big ice between the dots to pull the D inside and then pass outside for a wide entry over the blue line. Progress to giving a trailer pass to the D who joins as the fourth man on the rush.

Description:

1. F1-F2-F3 attack 3-0. D1-D2 skate red to blue and backward.
2. F1-F2-F3 attack 3-2 with wide entry and middle drive.
3. F1-2-3 regroup with D3-D4 in neutral zone.
4. Attack 5-2 vs. D1-D2 with a middle drive.
5. Middle D join the attack as the trailer.
6. Play out the first rebound until the whistle.
7. Hustle out and the F3-F4-F5 repeat with D3-D4, D5-D6.

** Coach spot a new puck for the regroup.*

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=2015052312173989>

<https://youtu.be/rw8a4lV4TDw>

