

T2 - C3 Breakout to Beat the Passive Trap - RB Pro

Key Points:

Attack 5 on 2 but 3 coaches are in the neutral zone lanes to mimic the nzone trap. Get the puck deep behind the defenders. Play 5-2 in the zone.

Description:

1. C pass back to middle D.
2. F1 Stretch, F2 low middle support, F3 and D2 in wide lanes, D1 in middle.
3. Hinge wide and back to the middle.
4. Pass wide and make a wide entry.
5. Attack with 4 players in the scoring zone.
6. Repeat in the other direction.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20090814073711288>

T2 - C3 Breakout vs the Trap-RB

<https://youtu.be/bav30P6lqPY>

