

D200 Straight on Angling Game 1-1 to 3-3- U18 F

Key Points:

Both teams go behind their net on the whistle.

Defenders close the gap and maintain the defensive side.

Description:

1. Teams are lined up behind blue line.
2. On the whistle each team skates behind their net.
3. Attackers try to score and defenders gain a tight gap and D side.
4. Play a cross ice game for 20-30"
5. On whistle pass to coach and the other team is on offense first.
6. Play from 1-1 to 3-3 also using odd man situations.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?s=20140607111112834>

<https://youtu.be/CAtbAmieLsw>

