

B600 2-0 Wide Middle x 2 - Pro

Key Points:

Give a target and time the skating. Hard passes, mirror the puck, stretch, shoot, rebound.

Description:

1. Players line up at the four blue lines. This is done from both ends.
2. Two players leave and 1 pass up to 3 at the far blue line who passes across the ice to 4.
3. Player 1 mirror the passes and get a pass from 4.
4. Player 2 skate up to the red line and then across the far blue line for a stretch pass.
5. Player 1 pass to player 2 and join him to attack 2-0 vs. the goal.
6. Player who does not shoot circle back to rebound for the next attack.

**No whistles! Players observe and leave when the puck crosses the blue line.*

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20130806144401936>

<https://youtu.be/ycSxRkOnmU8>

