

DT400 3-3 Krusel Battling Game - Pro W

Key Points:

Transition happens when the defending team passes to their team mate at the point.
The players must go from offense to defense when the puck is passed to the point and give support on both offense and defense.

Description:

1. Players line up behind the blueline in teams.
2. Coach shoots the puck in and any number from 1 to 3 players on each team battle for possession.
3. The team that gains possession of the puck is on offense and tries to score.
4. The defending team must pass to their player at the point to be on offense.
5. Player at the point must shoot or pass within one second. He can't skate in and shoot.
6. Play shifts of 20-30" then pass to the coach and hustle outside the blue line on the coaches whistle. *Alternative is to pass to your own team but they can't enter the zone until everyone is onside.*
7. The coach dumps a new puck in for the next group.

https://youtu.be/e80Cod_L2So

