

B6 - 2-0 – Pro

Key Points:

Face the puck at all times. Give a target. The player who enters the offensive zone take the shot.

Description:

- A. Players start in the four corners.
- B. 1 pass to 2.
- C. 2 regroup with 3 at the other end.
- D. 3 pass to 1 in the middle lane.
- E. 1 and 2 shoot and rebound.
- F. 3 and 4 follow and 4 pass to 3.
- G. 3 regroup with 5.
- H. Continue this flow end to end.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20131015164109607>

https://youtu.be/8qvVmpCR_yU

