

B2 - D Shoot - Pass from Coach - Pass to Point – TPS Pro

Key Points:

Defense skate along the blue line and shoot. If on the backhand skate forward and turn backward just before taking a slap shot. Hit the net.

Description:

1. Start with D1 skate with a puck between the dots and shoot.
2. D1 follow the shot then skate below the goal line.
3. Coach pass a new puck to D1.
4. D1 pivot and pass to D2 who repeats the shoot-get a pass-pass to point sequence.
5. Do from both sides.

**The demonstration is by the TPS Turku team in the Finnish elite league.*

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20131212193401188>

<https://youtu.be/lChnXmqdjns>

