

This group exercise was part of a previous posting but I think it is worthy of it's own. I was at a seminar a few weeks ago and when I asked Bill Peters (Caroline HC and former Detroit AC) about the players doing this on their own he told me that Pavel Datsyuk gets this going to work on both keep-away and take-aways.

B500 - Datsyuk Group Puck Protection

Key Points:

Protect the puck with the body and stick and body fakes, dekes and moves.

Description:

Groups of 4-6 players protect the puck from each other in a game of keepaway. Whoever gets the puck moves through the crowd. This works on puck handling and take-aways at the same time.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20140909110401459>

Here is a video clip of Pavel Datsyuk in game action.

A - Datsyuk - Stickhandling and Scoring

<http://www.hockeycoachingabcs.com/mediagallery/media.php?s=20140413101502608>

<https://youtu.be/LzJeS2z4NKQ>

