

B600 Give Go Shoot x 2 – Pro

Key Points:

Shoot while skating and follow the shot for a rebound.

Description:

1. Players A and C leave from diagonal corners.
2. A pass to B and C pass to D at the far blue line.
3. B and D one touch the puck back.
4. A-C skate in and shoot, rebound and rebound for the next shooter.
5. B and D leave and repeat in the other direction.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20141027151948931>

https://youtu.be/T_R3yfv7INk

