

B6 - 2-0 Wide Passes – Pro

Key Points:

Practice both forehand and backhand passes. Give a target, shoot while skating and follow the shot for a rebound.

Description:

Players line up in the 4 corners with pucks.

- A. 1 and 2 pass while skating down the wide lanes.
- B. Only make one pass in the offensive zone and shoot.
- C. 3 and 4 repeat in the other direction.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=2014110610034887>

<https://youtu.be/awkH7hF7YEK>

