

## B6 - Shot x 3 Passes x 3 Shots x 3 – Pro

### Key Points:

Shoot while skating, head up, give a target, pass hard, lead the player.

### Description:

- A. 1-2-3 skate around the top of the circle and shoot.
- B. 1-2-3 break down the ice for a pass from the original corner.
- C. 4 pass to 1, 5 to 2, 6 to 3.
- D. 1-2-3 take shots at each end.

\* *Option is to get a pass from the next player in line first.*

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20141129115014711>

<https://youtu.be/iqwhPz1nzAE>

