

B600 Double Pass Regroup Pass and Shoot - RB Pro

Key Points:

Face the puck, give a target, pass and shoot while skating, follow the shot.

Description:

1. A-C leave, skate around the circle and get a pass from G-I.
2. A-C pass to B-D then pivot and skate up the boards.
3. B-D pass to A-C who skates in and shoot.
4. B-D leave and get at passes from F-H.

* Either screen, rebound or give and go, play 1-1 with the next shooter on 1-0 shooting drills.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20150824114017123>

<https://youtu.be/mey7KZWYjQo>

