

C3-C6 - 2-1 D Join Rush – Pro

Key Points:

Attack with speed, pass to the D for a one time shot. Make the first play early on the attack. On a late trailer pass defender challenge the shooter.

Description:

1. Start with D in diagonal corners and F at the red lines.
 2. D1 wheel from the corner and pass to F1-F2 and join the rush vs. D2.
 3. D3 wheel from behind the net pass to F3-F4 and attack 3-1 vs. D2.
- * Continue this flow with F4 starting the next attack.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20141204133618721>

<https://youtu.be/ZzLyew-6xuk>

