

T2 - D4 - 4-3 - Constant O Support – Belfry

Key Points:

Make attack decisions instead of possession plays in the offensive zone.

Description:

Controlled scrimmage game of 4-3 in one end. Goal is to practice attacking with speed and supporting the puck carrier by getting open, attacking the slot, picks, screens, scissors. Always be creating with the puck and away from the puck.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=2&s=20210811161521531>

<https://youtu.be/Djh3oVOuvHI>

<https://www.facebook.com/tom.molloy.5836/videos/377006603825126>

