

## B2 - Shoot-Pass-X Pass - Belfry

### Key Points

Pass and shoot warm-up with demonstration.

### Description

- 1- Shoot
- 2- Turn outside and get a pass from 2..
- 3 - 1 cross pass to 3.
- 4 - 3 turn out and get a pass from 5

Pass and shoot warm-up with demonstration.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=2&s=20210729150539255>

<https://www.facebook.com/tom.molloy.5836/videos/505584797386641>

<https://youtu.be/PtGcdqQs02c>

