

10 Great Drills Starting in the Neutral Zone

The first link is the forum posting and the second link is a video demonstration.

B200-B202 - Neutral Zone

B200 - Regroup 5-0 Middle Drive – Detroit

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=7091#7091>

<https://youtu.be/HSScG-jBmio>

B200 - Scoring Circuit – Finland

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=263&topic=569#569>

<https://youtu.be/lit5jhA62RI>

<https://www.facebook.com/518555930/videos/pcb.735853647324435/10159536324855931>

B200 Overspeed with a Pass - U18 F

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=293&topic=375#375>

<https://youtu.be/XMUeqfmfH7Y>

<https://www.facebook.com/518555930/videos/pcb.759263078316825/10159631079280931>

B202 – Shoot –Breakout - Pass Wide - Shoot x 2 – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=6963#6963>

https://youtu.be/5_BzFxaYxpk

<https://www.facebook.com/518555930/videos/pcb.822805298629269/382654183284795>

B202 Low-Wide-Middle to Low-Middle-Wide – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=6968#6968>

<https://youtu.be/GdSublHp9II>

<https://www.facebook.com/518555930/videos/pcb.822820328627766/2952482318403335>

B202 1-0, 2-0 With Chip – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&lastpost=true#7008>

https://youtu.be/D64p7-P_nol

B202 Nzone Regroup 1-0 and 2-0 - RB Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=263&topic=532#532>

https://youtu.be/ZKfF_62_huo

B202 Breakout Pass and Shooting Warm-up – RB

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6369&topic=6380#6380>

<https://youtu.be/fypRLGZzKUk>

<https://www.facebook.com/518555930/videos/pcb.705266303716503/10159397461560931/>

B202 - 3 on 0 Neutral Zone Passes - RB Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=712&topic=881#881>

<https://youtu.be/OPa2OHqQGkc>

B202 Puck Handling and Shooting – RB Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=1569&topic=1592#1592>

<https://youtu.be/RwjOQmFkkLs>

<https://www.facebook.com/518555930/videos/pcb.801796384063494/10159787543545931>

B202 Warm-up - Finland Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=7172#7172>

<https://youtu.be/MVKsde9fFI4>

B202 - Nzone Regroup 1-0 - Czech U20

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7239&topic=7506#7506>

<https://youtu.be/lHzxpbAdB6k>

B202 - Circle and Shoot 1-0 x 2 x 2 - Czech U20

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7239&topic=7502#7502>

<https://youtu.be/x43wkh9cxpg>

<https://www.facebook.com/518555930/videos/pcb.679875952922205/10159310263670931>

B202 - Passing in 4 Groups - Czech U20

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=7782#7782>

<https://youtu.be/C9KYthXMhc4>

<https://www.facebook.com/518555930/videos/pcb.697128611196939/10159366939580931/>

B202 One Touch 2-0 Sweden U20

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=4071&topic=4380#4380>

<https://youtu.be/jMrxSM8bSG4>

<https://youtu.be/FmNRjU4bM9Y>

<https://www.facebook.com/518555930/videos/pcb.767751597467973/10159661622195931>

B202 – Passing Options – Sweden U20

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6369&topic=6507#6507>

<https://youtu.be/PdF8NhLzn7g>

https://youtu.be/n7_zZx8WorM

<https://www.facebook.com/tom.molloy.5836/videos/10159445485310931>

B202 - Chaos Passing - Kazakhstan Women

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=5858&topic=5945#5945>

<https://youtu.be/2SBg4n4xXul>

B202 – Regroup Options x 2 - Shot - U17

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7239&topic=7561#7561>

<https://youtu.be/5LJt8Dsprl8>

<https://www.facebook.com/518555930/videos/pcb.688064422103358/10159336287660931/>

B202 - Regroup Progression 1-0 - 2-0 - U17

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7239&topic=7621#7621>

<https://youtu.be/HqSl4lvf5vQ>

<https://www.facebook.com/518555930/videos/pcb.689118751997925/10159340026045931/>

B202 - Across and Middle x 2 - U17

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7239&topic=7488#7488>

<https://youtu.be/GQRvdfg0pKs>

<https://www.facebook.com/518555930/videos/pcb.679135942996206/10159307989485931>

B202 - Luhowy Passing - U17

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7239&topic=7633#7633>

<https://youtu.be/iLJlp747ZN4>

<https://www.facebook.com/518555930/videos/pcb.689523135290820/10159341063890931/>

B202 - 4 x 2 Chaos Overspeed – College M

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=8194#8194>

<https://youtu.be/fEGcEqZUQAE>

<https://www.facebook.com/518555930/videos/pcb.753174838925649/10159605839480931>

B202 - Passing Overspeed - U18 – College F

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=5858&topic=6126#6126>

<https://youtu.be/XMUeqfmfH7Y>

<https://www.facebook.com/518555930/videos/pcb.801796384063494/10159787543545931>

B202 - Chaos and Goalie Warm-up - C U18 F

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=7783#7783>

<https://youtu.be/l9OmgC2cFL0>

<https://www.facebook.com/518555930/videos/pcb.697140791195721/10159366970420931/>

Coaches, the pdf. from each of these Forum links has the description, diagram and video link. If you like the drill you can save it as a pdf.



[10+ Great Drills Starting in the Neutral Zone.pdf](#)

'The Game is the Greatest Coach'

'Enjoy the Game'