

60 Great Passing and Timing Drills Starting at the Four Blue Lines

The first link is to the Forum posting and the second link takes you to a short video clip of the drill.

B6 Corners - B600 Blue Lines

B6-B600 – 2-0 Cross and Drop – Random Multiple Passes – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=7888#7888>

<https://youtu.be/-nuMrHIMdfY>

<https://www.facebook.com/518555930/videos/pcb.705020320407768/10159396307500931/>

B6-600 – F-D Agility Skate - Stretch Pass - Point Shot – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=8032#8032>

<https://youtu.be/J-6lhUZ8oJs>

<https://www.facebook.com/518555930/videos/pcb.737618020481331/10159543372220931>

B6-600 Flow -Breakout 2 F Shoot - D Point Shot - Finland U20

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=8124#8124>

https://youtu.be/567GJB_Cgpc

<https://www.facebook.com/518555930/videos/pcb.750137885896011/10159593891350931>

B6-600 - Breakout 2 F Shoot - D Point Shot – College M

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=8197#8197>

https://youtu.be/_x8QjfCydsW

<https://www.facebook.com/518555930/videos/pcb.756162481960218/10159618340225931>

B6-B600 - One Touch 2-0 and Shot Routine - Czech U20

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7239&topic=7347#7347>

<https://youtu.be/rflzA9EUZBg>

B600 - Four Blue Lines

B600 - 2F RG 1D - 3-0 Middle Drive with D – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=8007#8007>

<https://youtu.be/SbV4ylcLdmA>

B600 Regroup, Hinge, Quick Up-Detroit – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=930&topic=1214#1214>

https://youtu.be/l_2mKQ5w2IE

B600 - Regroup, Hinge, Middle D Rush Detroit – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=930&topic=1232#1232>

<https://youtu.be/X9JIBNE9hk0>

B600 - 1-0 Regroup x 2 – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=7897#7897>

<https://youtu.be/L06Yaz1IrtQ>

<https://www.facebook.com/518555930/videos/pcb.706939743549159/10159403454175931/>

B600 - Multiple One Touch Passes – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=7722#7722>

<https://youtu.be/uCBsG4KORMI>

<https://www.facebook.com/518555930/videos/pcb.701722924070841/10159383452255931/>

B600 2-0 Random Pass to Lines – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=7022#7022>

<https://youtu.be/vLPrOBB7Kz0>

B600 Pass-Up-Across-Across-Stretch-Shoot x 2 – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=7026#7026>

<https://youtu.be/i88-VSt0xpc>

B600 - Regroup with D 2-0 x 2 – Detroit

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=6988#6988>

<https://youtu.be/h1lyhcQg3qc>

B600 Regroup x 2 x 2 – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=7032#7032>

<https://youtu.be/EkyHySJ3UYo>

B600 Up-Back-Cross Pass x 2 – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=7012#7012>

<https://youtu.be/pkgQQkxD9AI>

B600 Cross Pass x 2 – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=7016#7016>

<https://youtu.be/b6jFhxdNH50>

B600 Regroup-Wall support-Shoot x 2

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=7019#7019>

https://youtu.be/1MEHn75w_vI

B600 Give Go Shoot x 2 – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=7020#7020>

https://youtu.be/T_R3yfv7INk

B600 - 2-0 Wide Middle x 2 – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6369&topic=6499#6499>

<https://youtu.be/ycSxRkOnmU8>

<https://www.facebook.com/518555930/videos/pcb.717128092530324/10159440779755931/>

B600 - Regroup - Delay - D Jump In x 2 – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=7934#7934>

<https://youtu.be/nkxSj7VVZv8>

<https://www.facebook.com/518555930/videos/pcb.10159434331975931/10159434330420931/>

<https://www.facebook.com/518555930/videos/pcb.717083769201423/10159440664340931/>

B600 Give and Go x 3 x 2 - Shoot – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6858&topic=7021#7021>

https://youtu.be/_m93XHAQqEY

B600 D Wheel D to D, D to F Attack 2-0, F Cycle Up Exchange Puck with D, Attack – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6369&topic=6478#6478>

<https://www.facebook.com/518555930/videos/pcb.709661273277006/10159413870830931/>

B600 Wall Support 1-0 x 2 – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=7921#7921>

<https://youtu.be/w4T47DwMOYY>

Example with another group of pro players.

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7019&topic=7019#7019>

https://youtu.be/1MEHn75w_vI

<https://www.facebook.com/518555930/videos/pcb.711257859784014/10159419123335931/>

B600 - 3 Lane Passing and Shooting – RB Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=712&topic=888#888>

https://youtu.be/B7ko6eun_FM

B600 Pass-Pass-Regroup-Shoot - RB Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=1569&topic=1570#1570>

<https://youtu.be/mey7KZWYjQo>

B600 Double Regroup Options -Pro and Czech

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=4071&topic=4260#4260>

<https://www.facebook.com/518555930/videos/pcb.766045074305292/10159655684315931>

B600 - 2F RG 1D - 3-0 Middle Drive with D – Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=8007#8007>

B600 Double Regroup Options – Pro and Czech U20

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=4071&topic=4260#4260>

<https://youtu.be/HiVKeSeNr4c>

B600 - 2-0 Exchange Puck-Shoot x 2 – RB

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7239&topic=7377#7377>

<https://youtu.be/t4u6ST7q5oA>

B600 - Exchange Puck and Cross Pass – RB

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7239&topic=7378#7378>

<https://youtu.be/fvbrLoIXGV4>

B600 – One Touch Pass and Agility Skate – RB Pro

<https://www.facebook.com/tom.molloy.5836/videos/10159522644065931>

B600 Double Pass Regroup Pass and Shoot - RB Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7239&topic=7379#7379>

<https://youtu.be/mey7KZWYjQo>

B600 Give and Go x 2 Cross Pass Shoot - RB Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7239&topic=7380#7380>

<https://youtu.be/TjyAYCuETRE>

B600 - Neutral Zone Puck Support and Attack - RB Pro

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=271&topic=530#530>

<https://youtu.be/KIO46PNNFYA>

<https://www.facebook.com/518555930/videos/pcb.749512749291858/10159591285200931>

B600 - Pass Across 2-0 x 2 - 3-0 - Pro W

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=7857#7857>

https://youtu.be/IYAxPq5y_7Y

<https://www.facebook.com/518555930/videos/pcb.703029357273531/10159388906465931/>

B600 - Regroup-3-0 Delay-Point Shot - Pro W

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6369&topic=6560#6560>

<https://youtu.be/QOrtUdJYbG8>

<https://www.facebook.com/518555930/videos/pcb.729514504625016/10159505738725931/>

B600 - Regroup - 3-0, Delay-Low Cycle-Point Shot - Pro W

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6369&topic=6563#6563>

<https://youtu.be/Yda88DMp5Kg>

<https://www.facebook.com/518555930/videos/pcb.729548524621614/10159505995415931/>

B600 - RG x 2 with Point Shots - Pro W

<http://www.hockeycoachingabcs.com/forum/viewtopic.php...>

<https://youtu.be/j0lWhL0ARbw>

B600 2 x One Touch and Stretch Pass - Pro W

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7239&topic=7613#7613>

<https://youtu.be/XPuFJBRz8YQ>

<https://www.facebook.com/518555930/videos/pcb.688305658745901/10159337204430931/>

B600 D Regroup x 2 Point Shot - Pro W

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=7935#7935>

<https://youtu.be/HtBU5t6-hnI>

<https://www.facebook.com/518555930/videos/pcb.715267832716350/10159434369300931/>

B600 - 1-0 F Regroup with Both D - U20

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=930&topic=1298#1298>

<https://youtu.be/IRLwiYfbjZ8>

B600 - 5-0 RG - 1-0 x 3 - 5-0 Point Shots x 2 - Czech U20

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7239&topic=7550#7550>

<https://www.facebook.com/518555930/videos/pcb.686389265604207/10159330575465931/>

<https://youtu.be/74yvUHfxVrU>

B600 - Red-Blue-Red-Blue-Pass-Shoot - Czech U20

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7239&topic=7609#7609>

<https://youtu.be/7ZvDL71dJCw>

<https://www.facebook.com/518555930/videos/pcb.688291382080662/10159337080455931/>

<https://youtu.be/SbV4ylcLdmA>

B600 - Double RG - 1-0 x 2 - Czechia U20

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=7658#7658>

<https://youtu.be/HiVKeSeNr4c>

B600 - Double RG-2-0-Chip In - Czech U20

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=7666#7666>

<https://youtu.be/ARFy2EERXtE>

B600 Neutral Zone Passes - Finland U20

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=4071&topic=4439#4439>

https://youtu.be/_v9ie8uG14w

<https://www.facebook.com/518555930/videos/pcb.767769177466215/10159661667130931>

B600 - Three Shots Circles x 3 - College W

<https://www.facebook.com/tom.molloy.5836/videos/10159609753880931>

B600 - Czech Quick Pass - College F

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=8282#8282>

<https://youtu.be/hTfbfbmTPX8>

<https://www.facebook.com/518555930/videos/pcb.752527178990415/10159603324530931>

B600 - Machine Gun - 2-0 x 2 - College W

<https://www.facebook.com/518555930/videos/pcb.665355347707599/10159266794065931/>

B600 - Multiple One Touch Passes 1-1 x 2 – U18 F

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=7846#7846>

<https://youtu.be/7sdcZtyS6VY>

<https://www.facebook.com/518555930/videos/pcb.701731680736632/10159383473895931/>

B600 – Stretch Pass-Shot Flow x 2 – U18 F

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=8027#8027>

https://youtu.be/zRdEsL_6qnA

<https://www.facebook.com/518555930/videos/pcb.737020500541083/10159541085380931>

B600 Regroup x 2 - Hinge 2-0 - U18 F

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6369&topic=6508#6508>

<https://youtu.be/KQH87ece6tA>

<https://www.facebook.com/518555930/videos/pcb.719018182341315/10159448037285931/>

B600 Double Regroup Attack 3-0, 2 F and 1 D - U18 F

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6369&topic=6509#6509>

<https://youtu.be/jy8X5Ret2iE>

<https://www.facebook.com/518555930/videos/pcb.719028272340306/10159448094080931/>

B600 One Touch x 2 - Diagonal U18 F

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=6369&topic=6405#6405>

https://youtu.be/dKP_RRRHC1w

<https://www.facebook.com/518555930/videos/pcb.705624293680704/10159398640015931/>

B600 Double Regroup Options - D Join the Attack- U18 F

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=4071&topic=4377#4377>

<https://youtu.be/GFEmHZcE4Pg>

B600 - Continuous 2-2 Regroup – Tomas

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=7855#7855>

<https://youtu.be/dB6DPGuHn3s>

<https://www.facebook.com/518555930/videos/pcb.703023000607500/10159388883160931/>

B600 - Give and Go x 2 - Sw F

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=7830#7830>

<https://youtu.be/0Dw8Czycd9U>

<https://www.facebook.com/518555930/videos/pcb.10159378530925931/10159378529610931/>

B600 - One Touch x 2 Circle-Pass-Shoot - Russian U20

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=7659#7659>

<https://youtu.be/Tvczzat31Ak>

B600 - Shot x 2-One Touch x 2 - Stretch Pass x 2 - U20

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7239&topic=7349#7349>

<https://youtu.be/t-0gO96osGI>

B600 Small Horseshoe 4 Nets 2 Groups - Czech Youth

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=712&topic=856#856>

<https://youtu.be/t0IkMoRCrCc>

B600 Give and Go and Shoot - Czech Youth

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=712&topic=887#887>

<https://youtu.be/GkV2wnP0ZFQ>

Coaches, the pdf. from each of these Forum links has the description, diagram and video link. If you like the drill you can save it as a pdf.

'The Game is the Greatest Coach'

'Enjoy the Game'