

T2-4 - Sequence for Practicing Team Play

This is my new favourite sequence to practice team play using a drill and then three transition games that create almost every situation in hockey in all three zones. The first drill has been around for a long time. I liked the way the American League coaches had the new 1-1 go to the red line before turning back. This allowed the original 1-1 F and D to get up into the play. This could be done as a 2-1, 2-2 as well or even a 1-2 which is seldom worked on.

The transition games create 1-1, 2-1, 2-2, 3-2, 3-3, 4-4, 5-5 situations and if you attacked with less numbers like a 1-2 more situations would be created. I still have to do the diagram for the first two transition games.

C3-C6 1-1 to 2-2 Willy-Flames

<http://www.hockeycoachingabcs.com/mediagallery/media.php?s=20120718110748616>

<https://youtu.be/AE-vAfm4mxk>

DT100 1-1 D Join F Backcheck

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20121104082522829>

<https://youtu.be/R2cg-9w-Z8c>

DT100 2-1 D Join F Backcheck

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20121104082851444>

<https://youtu.be/09IHPvGvgYY>

DT100 Continuous 2 on 2 D - Join Attack F Backcheck

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20121026092747403>

<https://youtu.be/qoWY2hG54vM>