

U18 Female International Camp

<http://www.hockeycoachingabcs.com/forum/viewtopic.php?showtopic=7657&topic=8397#8397>

A - Loose Shoulders-Soft Hands - Russian U18 F.

https://youtu.be/zDA_AWlnB5M

B2 - Point Shots x 2 - Russian U18 F

<https://youtu.be/EprVm9tS-S8>

B2 - Pt shot with rotation - French U18 F

<https://youtu.be/6jqWEkA8bu8>

B202 - 3-0 Middle Drive - C U18 W

https://youtu.be/7RGnPS4gg_U

B202 - Modified One Way Options - French U18 F

<https://youtu.be/mDZZy7b-0PA>

B600 - RG x 2 Passing Options - C U8 F

https://youtu.be/j_rmPYnwoHQ

C1-C6 - Continuous 2-1 Russia U18 F

<https://youtu.be/7T2ZWKytwco>

C6 - Continuous Jursi 1-1 - Russian U18 F

<https://youtu.be/1WUYI5XLP-Y>

D - Losers Crawl to Far Blue Line - Russia U18 F

https://youtu.be/-U2oewul_oY

D2 - D 3 Shots - Japan U18 F

<https://youtu.be/TVLygtG8PsQ>

D4 - 6-6 One Pass x 2 -Russian U18 F

<https://youtu.be/W6as2yGRVFM>

D200 - Shoot Either Net RG Coach - Russian U18 F

https://youtu.be/_UHGrNxfzto

T1 - Puck Protection Keepaway in Circle x 2 - Russian U18 F

<https://youtu.be/D0sOyQiOBDQ>

T1-3 - 1-1 Go to Net for Pass - Russian U18 F

<https://youtu.be/LE6pJgkXWvk>

T1-3 - 1-1 Protect Puck-Go to Net- Russian U18 F

<https://youtu.be/5kobjJ8btxA>

T2 - 3-0 Pass from Behind Net Rotation - Russian U18 F

<https://youtu.be/Saym8baDpz0>

T2 - 5-0 BO-One Shoot - RG-5-0 Attack Options - French U18 F

<https://youtu.be/5cJoSSrQAG8>

T2 - Static 5-0 x 4 - French U18 F

<https://youtu.be/07euD6uWPiM>

T2-C1 3-0 Middle Drive - 10' to Score - C U18 F

<https://youtu.be/5kobjJ8btxA>

T2-4 - 5-0 Bo-RG Coach- 3-2 Back - C U18 W

<https://youtu.be/r4PriDzBYWs>

T2-4 - 5-5 BO-RG - 5-2 - French U18 F

<https://youtu.be/SBCFIDlyi7o>

T2-4 - Give and Go - Get Open - Russian U18 F

<https://youtu.be/NimR2sed6z4>