

T1-2 – Breakouts-Point Shots – Pro

Key Points:

D should check then make a hard fake and pick up the puck. Make crisp passes. Hit the net. Rebound for the shooter after passing to the point.

Description:

1. Defensemen at the blue line.
2. D2 dump the puck in and D1 skate up to the blue line then back and get the puck.
3. D1 pass up to D2 at the point who passes across to D3 who shoots D1 look for a rebound.
4. D2 skate from the top of the circle to the blueline and back then get the next puck D4 shot in.
5. D4 pass across to D2 who shoots and then goes back to make the next breakout.
6. Drill goes side to side, shoot-make the breakout pass-D to D and shot-repeat.
7. Add another D and now make D to D passes, either over or reverse.
8. After the D to D and point shot the two D at the point do the next breakout.
9. Make a breakout from each side and shot from each point then shooting D breakout.
10. Work on all the breakout options.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20161115094413992>

<https://youtu.be/oOB3R0VsxCw>

