

T2-4 - D400 - 3-2 - One Attacker Behind - College W

Key Points:

Attackers get open and always give a target and be ready to shoot. Defenders must stay on the defensive side and see the puck and their man.

Description:

1. Three offensive players vs. two defenders.
2. One offensive player must be below the goal line.
3. Attacker below the goal line can rotate out and be replaced by a teammate.
4. Coach put in a new puck after a goal or the puck is out of play.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=2&s=20200109045631311>

<https://youtu.be/W-oU6vINQWQ>

