

D100 Full Ice Game – 3-3

Key Points:

Switch between all four game roles.

1-puck carrier.

2-puck support.

3-check puck carrier.

4-cover away from the puck.

Situations: offense, defense, loose puck.

Description:

1. 3-3 with extra players in the box.

2. Play 3-3.

3. Players change on their own.

4. On a goal scoring team must touch the red line and team scored on get the puck and attack right away.

5. Keep score.

