

T2 - D-D - Quick up - Shot - High Cycle to D – Pro

Key Points:

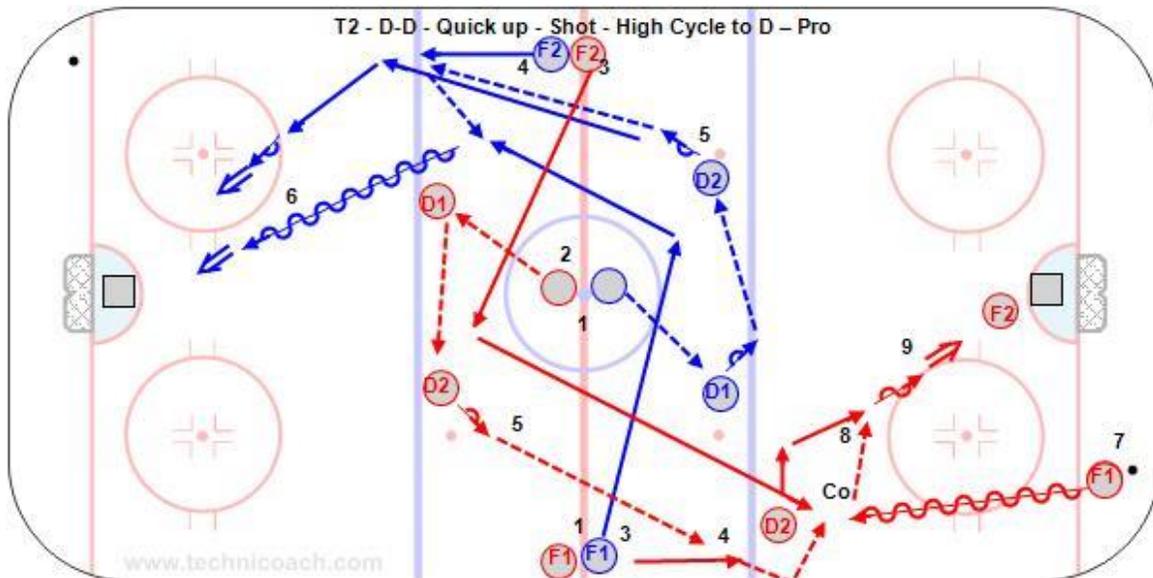
Pass up quickly to the player stretching to the far blue line who either chips it in or touches back to the next attacker.

Key Points:

1. Start with D in the middle and F's at the red line on each side.
2. Pass from middle to D1 and they pass D1 to D2 at each end.
3. F1 on each side swing behind and across the ice.
4. F2 stretch to the far blue line.
5. D2 pass to F2 who either chips it in or pass back to F1.
6. F1 skate in and shoot.
7. F1 get a puck in the corner and skate up the boards, F2 screen.
8. D2 follow to the blue line and skate past, inside the wing for a pass from F1.
9. D2 shoot.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=2&s=20191127192457587>

<https://youtu.be/et9QpT-p-s4>



<https://youtu.be/UloxdFj-wLI> Flames practice