

PDF Folders of Hockey Practice Ideas

A – Skating and Individual Skills

<https://1drv.ms/f/s!AukXg5gWoW-9hZJQ7cKNxqXO4mW7TA>

B – Passing and Team Play Drills vs. No Opponents

<https://1drv.ms/f/s!AukXg5gWoW-9hZZ5LJqeQ3OfEK9LZg>

C – Game Situation Drills vs. Opposition

<https://1drv.ms/f/s!AukXg5gWoW-9hZZ4iyjNbTSAxn0Lkg>

D – Games to Teach the Game – Small Area and Fill Ice Games

<https://1drv.ms/f/s!AukXg5gWoW-9hZZ6lhVZGyVMrmKyWg>

DT – Transition Games to Practice Game Situations

<https://1drv.ms/f/s!AukXg5gWoW-9hZZ7XJDYooHAMkfJaQ>

E – Shootouts and Contests

<https://1drv.ms/f/s!AukXg5gWoW-9hZZ8Tvk5M5VHaRMeKA>

F – Fitness Skating

<https://1drv.ms/f/s!AukXg5gWoW-9hZZ9agqKv3g5rcN2Cw>

G – Goalie Training

<https://1drv.ms/f/s!AukXg5gWoW-9hZZ-5SzS6Wheb0K8HA>

O – Off-Ice Training

https://1drv.ms/f/s!AukXg5gWoW-9hZZ_zfxaJ5dnkSKMVg

T – Coach Teaching Individual Skills or Team Play at Higher Levels

T1 – Individual Offensive Skills

<https://1drv.ms/f/s!AukXg5gWoW-9hZh0VY6EAVwXRI9TCQ>

T2 – Team Offensive

<https://1drv.ms/f/s!AukXg5gWoW-9haQ-pQ7PVR8ZPR1uRA>

T2-4 – Team Offense vs. Team Defense

https://1drv.ms/f/s!AukXg5gWoW-9haQ_SjG7n3MLi7O0Lw

T3 – Individual Defensive Skill

<https://1drv.ms/f/s!AukXg5gWoW-9haRAq8GrgQ-VD6eQug>

T4 – Team Defense

<https://1drv.ms/f/s!AukXg5gWoW-9haRBrGjKKvONNlokGw>