

T1 - Close Support 3-3 – College

Key Points:

Face the puck, skate into passes, give a target and get open. 30" shifts. Play man on man defense. Modified rules such as only backhand passes can be added.

Description:

1. Jokers at the four blue lines.
2. Play 3-3 Keepaway in the neutral zone.
3. Extra players wait on the blue line.
4. Pass to any of the 4 Jokers at the bluelines.
5. Focus on skating into passes and give close support.

**Great warm-up for the start of practice.*

<http://www.hockeycoachingabc.com/mediagallery/media.php?f=0&sort=2&s=20181030161041908>

<https://youtu.be/buH5pkbyN2Q>

