

T2-4 - 1-1 to 2-2 to 3-3 - U18

Key Points:

Attackers skate and protect the puck setting screens and picks. Defenders play man on man from the net side, talk and switch if needed.

Description:

1. Attackers 1-2-3 have pucks in various areas of the attacking zone.
2. Defenders 1-2-3 pair up and wait from the defensive side.
3. Pairs are numbered 1-2-3.
4. Pair 1 start A1 attacking vs. D1.
5. Pair 2 start in about 10" joined by Pair 1 and play 2-2.
6. Next whistle Pair 3 start and play 3 on 3.

**Make it competitive and keep score.*

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20180808155428466>

<https://youtu.be/ZYEyB3SyQqw>

