

T1 – Black Aces Scoring – Pro

Key Points:

Shoot while skating and face the puck all the time giving a target. Follow the shot for a rebound.

Description:

1. F1 leave from the blue line, give and go twice with the coach at far blue line, turn up the boards, get a return pass and go in for a shot.
2. F1 leave from the blue line, give and go twice with the coach at far blue line, open wide on the other wing, get a return pass and go in for a shot.
3. F1 leave from the far blue line and get a pass on the wing and shoot, come back through the middle, give and go with the coach then get a pass on the other wing and shoot.
4. F1 go in for the puck under coaches pressure and reverse it to F2. F1 go to the net for a pass from F2. F2 now pass to D1 who shoots and F1 screen.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=2&s=20170903102304649>

<https://youtu.be/YdETxSSugU0>

