

C6-600 –Horseshoe 2-0, 1-1 x 2 – Pro

Key Points:

Defense skate to the 'Big Ice' between the dots with the puck. Give a target. Make hard passes. Quick feet all the time. Crash the net and stop looking for a rebound.

Description:

1. Forward start at diagonal blue lines and D from the opposite diagonal corners.
2. F1 pass to D1 at each end.
3. D1 skate to the 'Big Ice' between the dots and pass to F1.
4. F1 pass to D2.
5. D2 pass to D1 in the middle lane.
6. D1 pass to F1 who goes in and shoots.
7. Change the flow to a 1-1.
8. Do stages 1-4 the same.
9. Now D2 pass to F1 who attacks 1-1 vs. D1.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=2015051911143364>

<https://youtu.be/wSRdsp2OczA>

