

## DT200 - Backchecking Game

### Key Points:

Play from 1-1 to 3-3. This is a good quick transition game to work on speed attacking and back tracking and communicating to cover the right man.

### Description:

1. B1-2 attack vs. R1-2.
2. R3-4 support from just over the mid-line.
3. On transition, goal or frozen puck R1-2 pass to R3-4.
4. B1-2 backcheck to defend their net.
5. B3-4 support from just over the mid-line.
6. Continue this flow and play both even and odd situations 1-1 to 3-3.

\*Keep Score.

