

T2 - B4 - 4-0 BO x 2 - Cycle-Point Shot - Czech U20

Key Points:

Centre swing low and slow. Wing skate with the puck to the 'big ice' between the dots then pass for a wide entry.

Description:

1. F1-F2-D1-D2 go back for the puck from the middle circle at both ends.
2. D1 pass to D2 to F1 to F2 and follow the rush.
3. F2 skate between the dots and pass wide to F1 and attack net.
4. F1 get a puck from the coach and pass back to F2 who skates up the wall and pass to D1.
5. D1 pass to D2 who passes to F1 who cycled high and through the middle, F2 screen.

** Option: Add another cycle on the other side.*

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=2&s=2017011010003556>

<https://youtu.be/7db7mdiS84s>

