

T3 - B6 Defending Player Below Goal Line – Pro

Key Points:

The player in front switch with original defender if he is more than half a stick length away. Lead with the blade on the puck angling at the back inside shoulder.

Description:

1. F carry the puck behind the net and the coach skate to the front.
2. D2 in front check the F with blade on the puck from the defensive side.
3. Coach simulates D1 chasing at the start and then D2 in front for a pass.
4. D2 deny the pass and force F1 toward the corner and finish the check if possible.

**This can be done using players instead of a coach.*

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20150527231013633>

<https://youtu.be/27rtd6qX40E>

